

Coaching Staff

Emily Buehler, Edina High School Head Coach and EVBA co-director, has over nine years of experience coaching youth aged two to twenty-two. Prior to being head coach for Edina she served as an assistant at the University of Saint Thomas for two years. She also played at St. Thomas, where she served as captain and was named All-Conference.

Julie Mickschl, Edina High School Junior Varsity Coach and EVBA co-director, was a standout player at the University of Wisconsin-LaCrosse. She has over four years of experience coaching at the high school level and teaches elementary physical education at Edina.

Amber Forslund, Edina High School 9th Grade Coach, has five years experience coaching youth athletics at the junior high level.

Other area high school and club coaches, as well as Edina varsity players will be assisting, providing an exceptional 6 to 1 player to coach ratio!

Emily Buehler
Edina High School Volleyball
6754 Valley View Road
Edina, Minnesota 55439

Edina Girls Youth Volleyball



Summer 2010

Youth programs offered by the
Edina Volleyball Association
and the EHS Coaching Staff

*The Edina Volleyball Association
believes in promoting the sport of
volleyball and promoting life skills
through the sport of volleyball.*

www.edinavolleyball.org

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All programs will work to support beginners while also challenging those players with more experience.

Bounce League

Girls Entering Grades 1 - 4

Players are introduced to the very basic skills for the game of volleyball in a fun and supportive atmosphere! For this league we use lightweight balls and the youth net height.

Players will be placed on teams according to their grade level. Each weekly session will consist of a team "practice" where players are introduced to new skills, and a bounce game, playing against other teams in their age-group.

Wednesdays
July 7th – August 4th
1:30pm - 3:00pm

\$85 / 5-week session
*Includes T-shirt

Location: EHS Fieldhouse

What to bring to camp or league:

Sturdy tennis shoes and a water bottle. Kneepads are recommended, but not required. Please wear comfortable, athletic clothing and have loose hair tied back.

Youth Skills Camps

Girls Entering Grades 5 – 8

Players will review all the basic volleyball skills: serving, forearm passing, setting and hitting.

Players in Grades 5 and 6 will also be introduced to court movements and the concepts of team offense and defense, and will compete in various individual and team contests.

Players in Grades 7 and 8 will work on more advanced skills, using the bump-set-spike combination, and will compete in skills contests and a 4-on-4 tournament.

August 9th – August 12th
1:30pm - 4:00pm

\$145 / 4-day camp
*Includes T-shirt

Location: EHS Fieldhouse

For information contact:

Emily Buehler
embuehler@yahoo.com
651-269-2471

A portion of proceeds will go to support EVBA scholarship funds and equipment needs

2010 Edina Girls Youth Volleyball Registration

Name: _____ Grade (entering10-11): _____ T-Shirt Size (adult sizes): _____

Parent/Guardian: _____ Phone: _____ Email: _____

Program (circle): Bounce League Grades 1-4, \$85
Youth Camp Grades 5-8, \$145

Checks & Registration To:
Emily Buehler - Volleyball
6754 Valley View Rd
Edina, MN 55439

Priority Deadline: June 7th

I understand there is an inherent risk of injury by participating in any athletic activity. I hereby release Edina High School and the volleyball youth program staff from liability for any bodily injury that occurs during programs and for lost, damaged or stolen belongings. I authorize program staff to secure any medical treatment deemed necessary.

Parent/Guardian Signature: _____ Date: _____